

SAYDEL HIGH SCHOOL

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The Saydelphic

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by Casey Campbell

Music All-State Festival

Elite Musicians in Iowa Gather to Perform

By Megan Schmidt

Two of Saydel's students achieved a great honor this year. Senior Joe Peer was accepted into Vocal All-State for the second year in a row and senior Anneliese Barton was accepted into All-State Band on the French horn. On November 19, they attended the All-State Music Festival. But it wasn't easy for these two to get where they are.

All-State auditions were held on October 22, 2016. Re-wind to months before, and you would find them both preparing for those very auditions in the summer. Joe Peer said he would "do nothing but practice all the time," and even took time off work. Anneliese Barton had a similar answer with practicing 6 of the 7 days in the week for an hour. Both had private lessons to help them prepare as well.

Auditions are very different in band and choir. In band, students prepare their own piece to play along with 4 double octave scales. They could start preparing for auditions a whole year before if they wanted. In choir, singers learn what music they are singing for the festival in late July. For the next 2 and a half months they work on learning the music, often through giant camps that are held around the state. The day of the auditions at 5 in the morning the cuts, or parts, of the music are revealed.

Before and even after auditions, student's nerves set in. Often times musicians have to wait for hours on end before they find out if they made All-State, didn't make it, or were recalled. Anneliese and Joe were both recalled this year before they were accepted. Basically, they had to go through a second audition. In both cases it was extremely stressful. "[It was] hectic. You just think, 'Oh my gosh, did I make it? Did I make it?'" Anneliese says.

Thankfully, the stressful part is over. They made it! They went to the Festival and celebrated. Anneliese and Joe went to Ames on November 17, and practiced the music with 600 other singers and 200 other band players. On Saturday, November 19, they held a giant concert that was broadcasted on PBS during Thanksgiving.



Seniors Anneliese Barton and Joe Peer show off their All-State Medals.

Congratulations on All-State!

No-Shave November

by Joseph Creees

Have you ever wondered why people participate in No-Shave November? No-shave November was created to make awareness for cancer patients that have lost their hair due to treatment. They say it is to “embrace our hair” and show respect to those in the battle with cancer. Instead of shaving, donate the money you would spend on shaving to aid with the battle of cancer. Many people in our school participate in it but don’t make a big deal of it. You’ll see many scruffy-faced men in our school during the month of November supporting No-Shave November.

Mr. Hales, a master teacher in our school, views No Shave November as positive. “The message behind it is pretty cool,” said Hales. He is also an active participant in the month of November. He usually always has a beard, but lets it grow wild in the month of November. Overall, No-Shave November has positive effect on society.



Rocking a thick, dark beard, Mr. JR Gebhart strikes a masculine pose.



Mr. Caleb Hales shows off his scruffy beard and smile.



While posing for a No-Shave November picture, Mr. Steve Gebhart has a little fun with the photographer.

Dangers of Drunk Driving

by Dakota Pratt

DRUNK DRIVING is dangerous, and according to MADD (Mothers Against Drunk Driving), 10,265 people died in drunk driving crashes in 2015—one every 51 minutes—and 290,000 people were injured in drunk driving crashes. Crashes like these can injure people severely. If you are thinking about going out to drink with friends, put your keys away, sober up, AND DO NOT DRIVE DRUNK!

According to Medicaldaily.com, drunk drivers cause one-third of all traffic deaths in the U.S. In addition, the National Highway Traffic Safety Administration says that about 3 out of 10 Americans will be involved in an alcohol related collision at some point in their lives. All people have to do is say no and put down the keys. It's not that hard to say no, yet people still do it.

Drunk driving kills people, people are in families, families love each other. Would you really want to risk someone losing their life and their family just so you can go out and drink? Well, if you're thinking about drinking, then call a taxi or get a ride from a friend or someone you know that doesn't drink.

Think about how that can affect your family if they found out you were drinking and driving then died in a crash. It's not only just adults, it's also underage citizens that may have a license but they aren't old enough to drink. They might go off with friends then go out to a party. They didn't pick a designated driver (which is a really good idea) and on their way home BOOM!! Your kids have gotten into a wreck.

Spread the word about drunk driving, ask yourself what you can do to help your community and family from drunk driving. So, what can you do to change this problem?

I asked a high school parent what they feel about drunk driving. Chasity feels that drunk driving has affected a lot of people in her life, not just hers but in the lives of a lot of others she knows. "People driving drunk has been a problem for as long as I can remember," said Chasity. She wants to be able to help her community by going door-to-door to spread the word and talk to others about drunk driving and how dangerous it is.



Winter Driving



by Casey Campbell

According to Geico.com, every year around 140,000 people are injured in car crashes due to snowfall and ice. Driving in the winter can be difficult and even scary sometimes, but by following the right steps and tips you can get through the season.

“Your life is worth more than getting there 10 minutes late,” Bryce Campbell, junior. It is very important to realize that driving can be dangerous and you need to focus on it rather than your destination. Sophomore Darian Garcia gave some short but sage advice, “Drive slow.” Newly fallen snow can conceal ice on the road so slowing your speed is essential to get where you're going safely.

Remember to always keep your gas tank at or above halfway filled. Condensation can build up in the empty parts of a gas tank and cause blockages in fuel lines when it freezes; keeping a full tank lessens the chance of this happening. Also, if you get stranded in bad weather, it is good to have gas in the car so you can keep it running and keep yourself warm.

Cats often seek refuge in the wheel wells of cars for warmth, so before heading out, remember to honk the horn or tap on the car hood and give the animal a chance to escape so they can avoid being injured or killed.

When asked what advice he could give to new drivers, Bryce Campbell said, “Plan ahead, be prepared, and stay alert.” One of the most essential times to follow these words of wisdom is when stopping. On slick roads it is much harder to stop, so allow yourself plenty of room to do so. Hills can be difficult to navigate when it is slick, so drive on them with extra caution, especially the hill coming up to Saydel High School.

A last word of advice from Darian Garcia is, “Check the weather.” Always remember that safety is important, and you don't want to find yourself caught in a snow storm. If you follow these tips and guidelines, you will get through the season safely.

WINTER FASHION

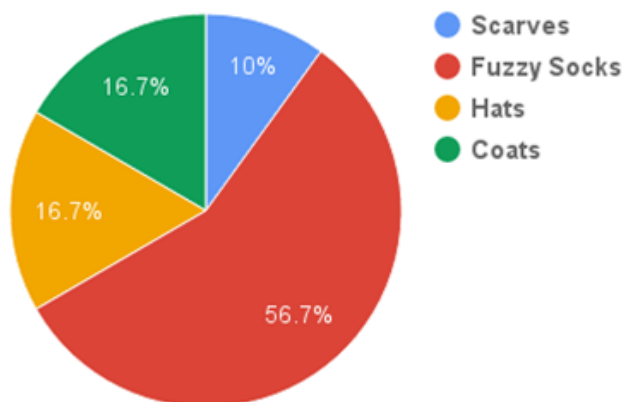
by Melissa Carrillo

Don't want to be late on the newest trends this season? This is the right place to get all the seasonal info! Here's what Saydel students think are the hottest trends this winter.

Who else is better to hear from than the very stylish, senior Kendra Wickre! When Kendra hears the term winter fashion, the first thing that comes to mind is layers, of course! "It's cold and you gotta keep warm, but that doesn't mean you can't have fun with it." She favors dressing for winter over summer because there are many more options available. With layers she can recreate any outfit and spice things up by simply switching jackets or the style of shoes she's wearing. Out of the four articles of clothing, scarves, fuzzy socks, hats, or coats, Kendra's favorite would have to be coats. They're definitely needed in our type of weather and she wants to be able to feel good, but also be cute at the same time. Her favorite thing to wear during the winter is most definitely sweaters! She loves to be comfy and stylish or simply casual, which sweaters allow. In her opinion, the most popular things this season are maroon and burgundy and over-the-knee boots. Most of her shopping is done at Forever21 and Charlotte Russe. "They're constantly getting new, cute clothes for each season and they're both relatively cheap for such good quality of clothing which is really nice," says Kendra. Models and designers bring lots of inspiration to her and she's able to recreate their styles into something fitting for her everyday looks. Her favorite colors to wear in the winter time are dark ones because of the way they compliment her skin tone and give her the seasonal, winter vibe.

What's the most preferred trend this season? This Saydel poll shows us it's fuzzy socks!

Most Preferred Trend



Winter Break is Almost Here

by Carolyn Rose

Winter break begins December 22, and classes resume January 3, but winter break isn't just about getting a break from school. It's also about spending time with friends and family during the holidays or just for fun.

What are your favorite parts about winter break? Freshman, Carleigh Brunner said, "Sitting at home and not getting up in the morning." Freshman, Gabby Neddermeyer's favorite parts about break are the holidays and getting to see her family. Winter break is a great time to catch up on sleep and relax. It is also a great time to do something with friends and family. Maybe go ice skating or go to a hockey game, bake some delicious cookies, plow the snow off a neighbors driveway, maybe even have a contest with your friends to see who can build the best snowman. There are so many memories to be made but not much time to make them. When asked what she would change about break, Carleigh said, "Start break a couple days earlier to relax a little bit before the holidays."

Winter break gives you just over a week off from school. Enjoy the break from classes, spend the holidays with family and friends. Have fun and most of all, be safe.



Winter Recipe:

Candy Cane Oreo Truffles

by Carolyn Rose

Prep time: 25 minutes

Total time: 25 minutes

Author: Cakes Cottage

Recipe type: Dessert

Serves: 30-34 people

Ingredients:

- 36 Oreos
- 8 oz. of cream cheese, softened
- 16 oz. of white chocolate chips
- ¼ cup of crushed candy canes or peppermint candies, for decorating

Instructions:

1. Place the Oreo cookies in the bowl of a food processor and pulse until finely ground.
2. Add the cream cheese and pulse until the mixture is well combined and smooth.
3. Line a rimmed baking sheet with parchment paper.
4. Scoop the mixture into balls about 1-inch in diameter.
5. Place the cookie balls in the freezer until well chilled. (at least 1 hour)
6. Remove truffles from freezer and dip in melted chocolate.



What's New with Saydel Wrestling

by Taylor Newell



New faces, new coaching, new year. The Saydel Wrestling team gained a few more guys this year, along with a new head coach. The boys have had no problem adjusting to the changes, as they are ready for competition to begin and have seen loads of improvement throughout the whole team.

Coach Tyler Wilson is the new head coach for the Saydel Wrestling team. Coach Wilson is not entirely a stranger to the squad this year, as he was an assistant coach for a couple years in the past. Not only has he been an assistant coach here at Saydel, he also wrestled throughout his high school and college years, so the wrestlers had no problem letting him take on this new position. Coach Wilson was asked if he was

nervous about acquiring the position and he said he felt more excitement than nerves. He continued to say, "I have been around wrestling my whole life surrounded by some of the best coaches in the state. So I think I am prepared for this new role, and when you are well prepared the nerves tend to go away." Coach Wilson has already had a positive impact on the wrestlers as they have nothing but great things to say about him. "I believe that Coach Tyler Wilson has done an outstanding job as the new head coach; we all have experience with him as a coach because he has been here in years prior," said junior Trevor Sprague.

"The small day to day decisions are what will determine our success both individually and as a team." -Coach Tyler Wilson

Not only did the Saydel Wrestling team gain a new coach, they also acquired quite a few more wrestlers to begin the season. "I believe that since we have more guys in the room, we will have a variety of different styles of wrestling and that we will be unstoppable," said Trevor Sprague about this upcoming season. Saydel hasn't had a full line up for quite some time now. They almost have a full one this year, as they are only missing two weight classes as of right now. A junior, Chance Rice, commented on his view of the upcoming season. Chance is new to Saydel this year, as he previously attended Manson Northwest Webster High School. When Chance was asked if he was nervous entering a new wrestling team, he said he felt more excitement about the season than nerves. "I don't believe it's been very hard adjusting to new coaches. They've all taken me in as one of their own, and I couldn't ask for anything more," said Chance when asked about the difference in coaching between schools.

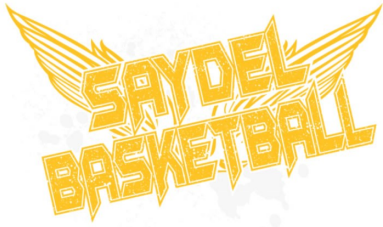
With the changes added to the program this season, the Eagles have been working hard to overcome them and have been working hard to improve themselves and the program as a whole. Make sure to come out and support the Saydel Wrestling team throughout the season to see all the hard work they put in, and to see the big things they hope to accomplish!

"I'm extremely excited for this season everyone on the team loves to work and we have great chemistry."
-Junior Chance Rice



Boys Basketball

by Destiny Butters



Saydel basketball is focusing on success; success is not given, it has to be earned on and off the court. When asked about the main focus in the off-season, Coach Brian Baker said he has kept his team in shape and got as many reps in as possible in the offseason, which helped prepare the players for the upcoming season.

This year Coach Baker hopes to see Nate Sepich and Jackson Jarrell help the team achieve a winning record. Jackson Jarrell thinks that this season will be the best one he's ever had personally. Last year Saydel basketball turnover margin was 1 out of 3. Going into this year Coach Brian Baker plans on working on ball control and making his team comfortable with taking the ball down the court. Saydel boys basketball has been hard at work in the offseason and can't wait for game time.

So now that the season has started and Saydel boys basketball has played a few games, I got back and talked to Coach Baker, and he sees great things to come for the team this year. The team has worked hard this year and Coach Baker continues to see growth in the team as the season continues. Cheer on the team tonight as they play North Polk in Alleman!

The Saydel Boys Basketball Mission

"The Saydel Boys Basketball program strives to teach student athletes life lessons and skills that will help prepare them for the next level. We believe in teaching accountability, work ethic, preparation, and teamwork so that our student athletes will apply these beliefs to their future careers. We are constantly trying to improve as students, athletes, and individuals to help build a greater community."



Ready to Rumble!

by Alyssa Monroe



The girls basketball team started their season at Gilbert on November 22. They played a strong game, but they did lose. But on a happier note, let's get to know our players. First, senior and co-captain Megan Schmidt says she thinks the season is going to go well if everyone works hard and thinks they can do well; people just need to believe that we can. She says one of her struggles as a player is confidence and staying positive. It's really easy to get down on yourself and that is something she is trying to get better at in basketball. Her motivation is just to do well her senior year. Megan says, "I want to make it count." Megan says her best memories from basketball are "the upperclassmen were the greatest, they were so nice and pushed me to work harder, winning against Nevada my sophomore year, the energy that everyone had was crazy."

Junior Katie Schmidt is the co-captain of the team with her sister, who plays the post. Katie plays basketball because it's a sport that she has loved and enjoyed ever since she was a kid; she says she just has a passion for it. Her motivation is "just be the best player that I can be and have fun in the process." A challenge she has is being confident with the ball and shoot to score. Her best memories are spending time with the team, whether it be watching a movie or playing a scrimmage with only five players and no AC during a game. She hopes to improve her team by providing a positive atmosphere and just having fun! Her personal goals are getting eight points per game and shooting 75-80% free-throws per game. Katie's best memory is freshmen year at a Drake camp where she made her first varsity basket. In the future she is unsure if she will be playing in college.

Senior Olivia Erdelt plays guard on varsity. She plays basketball because she enjoys it and gives her something to do and keeps her in shape during the winter. "I enjoy the coaches and my teammates and I love being part of a team." Her motivation as a player is helping her team have an amazing winning season and knowing that she is part of team. Her best memories from basketball are the team dinners and outings. Her goals are to make as many shots as she can and have more steals than the prior year before. Her goal for the season is to become a solid

team.

Coach Lynsey Schwickerath is new to Saydel and is coaching the freshmen team. Coach Schwickerath says winning isn't everything and working hard and achieving your goals as a person is far more important. She says her inspiration as a coach is "wanting to be a good role model for youth and teaching hard work and dedication will take you a long way as an adult." She said if she was not coaching, she would be an elementary teacher or continuing the job she has now at ITA Group as the Awards Coordinator. Her high school coach for softball Gary Page was a big inspiration. He always pushed her to be better and work hard, and he wanted her keep improving.

Our head Coach Stephen Glenn has been working with the Saydel Girls Basketball for two years now. His inspiration to coach is "I love sports and helping other to be successful. I like teaching the game and the competition and strategy of the game." If he was not coaching, he would be a sports editor. He says his strengths as a coach are he's very personal and approachable; he also says he brings out the confidence in the players. Coach Glenn is ready and excited for the season, so he can show the improvement and dedication of the team.



The girls basketball team gathers together awaiting the first home game of the season to begin.



¿Quién es Señora Smith?

(Who is Mrs. Smith?)

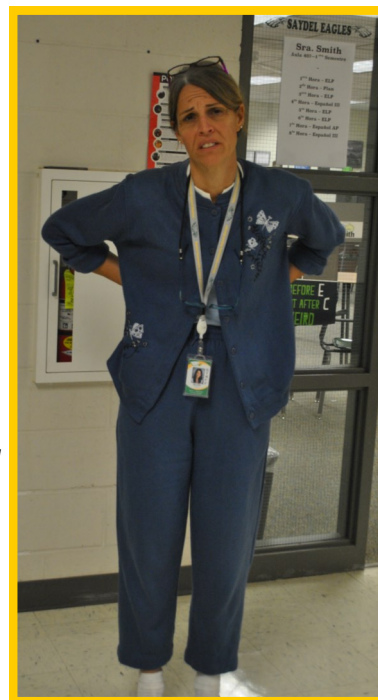
Señora Cheryl Smith is one of Saydel's Spanish teachers. She also teaches ELP (Extended Learning Program). She has been teaching for over ten years, and she's on her 5th year of teaching at Saydel. She first taught at a school in Saint Louis, Missouri, where she taught Spanish 1 and 2 for six years.

Mrs. Smith likes working at Saydel, and there aren't any other schools she'd like to teach at. However, she did work at Waukee for a year, but she decided to come back at Saydel. She enjoys teaching the most when she sees that look on her students' faces when they understand the material. Mrs. Smith loves interacting with her students to make sure they understand the content to the best of their abilities. She has always wanted to teach since she was little. She wants to teach until she retires, and she doesn't want to do anything afterwards.



Mrs. Smith is dressed up for Career Day during Homecoming Week.

She loves to read as well. In her free time all she does is read. Her favorite book is *A Tree Grows in Brooklyn*. She loves to travel and wants to go everywhere she can't. Mrs. Smith also wants to teach a class about Spanish culture and travel. She has gone to Spain and Costa Rica. If she's not teaching or reading, she is watching Netflix. Her family loves to watch *The Walking Dead* together.



Senora Smith is participating in Senior Citizen's Day during Homecoming Week.

Fun Facts!!

- * She got married in her sophomore year of college.
- * She and her husband have three children—2 boys and 1 girl.
- * She is gluten free and she LOVES Thai food.

Foreign Exchange Student

by Makayla Hill



Foreign exchange student Eva Garcia, a sophomore at Saydel High School, is here for only one year.

Time to introduce Saydel High School's one and only foreign exchange student of 2016-2017, Eva Garcia. Eva is a sophomore from Seville, Spain, who absolutely loves America. A favorite thing of hers about America is the fact that we have ice cream all year round! Tortilla de patatas, a food from her hometown, will still always be her favorite though! It took Eva ten years to speak English, which means she started to study the language when she was just 5 years old! When asked if she had anything she did not like about America, her response was, "I love everything about America besides the boys!"

As we talked, she also explained how different school is where she comes from. At her school back home, she had to sit in one classroom all day while the teachers switched rooms instead of the students! The students also could not mix grade levels together for any classes. Eva says she likes school here because of the sports she gets to participate in. As a cheerleader for Saydel, she has become very familiar with what it's like to have sports and school events, for at her old school there is no cheerleading. In Spain there was also no such thing as American football, because in Spain, football is actually soccer!

Eva loves America, but she still misses her friends and family at home. One more favorite of hers would be the way Iowa has fluctuating weather. "It is too hot in Spain, and we don't get any snow, so very, very hot." says Eva. After staying in Iowa throughout the winter, she may change her mind!

Drawing Conclusions

by Tornado Summers

Most people don't think that art is an important aspect to life. However, it helps promote problem solving, creativity, motor skills, and helps produce an understanding of the world around us. According to Ms. Lindsay Nickol, art is extremely important for everybody. It's all around us, everything we look at and in everything we wear.

"Life without art is boring," said Ms. Nickol. One of the main reasons for art club is to give students a chance to work together with other people on major projects or self projects. She also wants to foster a safe and creative environment for all students.



Drew Velez



Hailey Walker

November Feters

Josie Stock

Kadence Edwards



Brandon Webb